REGISTRATION OPEN & CLOSE DATES
Madison Recreation and the Community Center offers online and walk-in registration. To ensure accuracy, call-in registration is not allowed. Swim lesson registration closes two days before the start of the session. Madison recreation programs close on the start date.

• Recreation programs open on Monday, April 22nd @6:00 pm
• American Red Cross Swim lesson registration opens on Monday, April 22nd @6:00 pm

ONLINE SERVICES
Register online at madisoncommunitycenter.com, click on “Click Online Portal” picture, then select Program Registration for all programs, Scheduler to book training appointments or facilities, or Group Exercise to view/enroll in group x classes. Detailed online services guide is available on the home screen by clicking “Online Reg Guide”.

FINANCIAL ASSISTANCE
Financial assistance applications available at the Community Center and Social Services. Approved households receive:

• 20-80% reduced members at the Community Center
• Madison Aquatic Center season swim pass $25 for family, $15 individual
• 50% reduced rate on youth recreation programs
• Group Swim Lessons $5 discount, private lessons 80% reduced rate (Dick Wiedenman Scholarship)

WITHDRAW POLICY
Withdraw requests before the start of the third class will be eligible for a monetary, gift certificate, or transfer to another program. Monetary refunds are subject to a $5 processing fee. Withdraw requests after the third class or once the program has concluded (regardless of participation) will not be eligible for a refund.

HELPFUL HINTS
• Toggle between Community Center and Madison Recreation programs by changing departments under Program Registration or Scheduler
• Quick search for a program by entering the program code in the “Find Specific Program Code” text box

ONLINE SERVICES
Online Services [OLS] allows you to schedule fitness appointments, book a birthday room, register for classes, enroll in programs, or update your account at your convenience. Online services are available through our website or through the CC phone/tablet app. Visit our website and click on “Online Guide” for detailed information.

CREATING AN ONLINE ACCOUNT
Visit our website and click on “Online Portal”. Click Login near the top right corner. Households that are current or previous CC or MAC members may need to register their email with their account by calling the front desk. Once an email is associated with your account, we can create a temporary OLS login and password. Households that have never had an OLS account can create a Guest Account.

DOWNLOADING THE CC-APP
Search “Madison Community Center” in your app store. After downloading use your online login to sign into the CC-App. Once logged in you have full function of the CC-App. Check-in at the front desk using the barcode on your CC-App, register for programs, view Group X classes, preschedule in cycle CrossEdge or Circuit 30 classes and much more.

FINANCIAL ASSISTANCE
Financial assistance applications available at the Community Center and Social Services. Approved households receive:

• 20-80% reduced members at the Community Center
• Madison Aquatic Center season swim pass $25 for family, $15 individual
• 50% reduced rate on youth recreation programs
• Group Swim Lessons $5 discount, private lessons 80% reduced rate (Dick Wiedenman Scholarship)

HELPFUL HINTS
• Toggle between Community Center and Madison Recreation programs by changing departments under Program Registration or Scheduler
• Quick search for a program by entering the program code in the “Find Specific Program Code” text box

OLS MODULES
ACCOUNT INFORMATION
Change your login or password, print attendance report view transactions, training packages and much more.

PROGRAM REGISTRATION
Register for upcoming programs and activities. Change Department to “Community Center” or “Parks and Recreation” for programs under each department. Select categories to see programs for each area. Click on each program for detailed information. Program registration closes two days before start of swim lessons and day of for Recreation programs.

SCHEDULER
Schedule an appointment or 1-1 training session with a fitness employee, book a birthday party room, or reserve a racquetball court.

GROUP EXERCISE
Enroll and reserve your spot in Circuit 30, Cycle Mania, or CrossEdge Classes. See upcoming Group X schedules and who the instructor is.
In the spirit of cooperation, The Community Center and the Madison Parks & Recreation are co-sponsoring this brochure to provide recreational opportunities for all ages. The Community Center is a partnership facility between Dakota State University and the City of Madison.

COMMUNITY CENTER HOURS
*Summer hours begin Tuesday May 28th
Facility
Monday-Thursday 5:00 am – 9:00 pm
Friday 5:00 am – 8:00 pm
Saturday 8:00 am – 8:00 pm
Sunday 12:00 pm – 8:00 pm

Holiday Hours
Memorial Day 12:00 pm - 6:00 pm
Independence Day Closed

COMMUNITY CENTER POOL HOURS
Open Swim
Mon – Thursday **1:00 pm – 5:00 pm
6:00 pm – 8:00 pm
Friday 1:00 pm – 7:50 pm
Saturday 1:00 pm – 4:00 pm
4:15 pm – 7:50 pm
Sunday 1:00 pm – 4:00 pm
4:15 pm – 6:00 pm
**closes early during swim lessons

Lap Swim
Mon – Friday 5:45 am – 8:00 am
11:30 am – 1:00 pm
*1:00 pm - 5:00pm
Mon – Thursday **6:00 pm – 8:00 pm
Saturday 8:00 am – 10:00 am
Sunday 12:00 pm – 1:00 pm
*3 lanes available if no swim lessons
**3 lanes available, circle swim if more than 3 swimmers per lane

COMMUNITY CENTER STAFF
Nicholas Hansen, CPRP - Director
nicholas.hansen@dsu.edu
(605) 256-7547

Laurie Bunker, CPO, WSIT, LGIT, EMT - Aquatics
laurie.bunker@dsu.edu
(605) 256-7548

Derek Lund, NETA, ACSM – Fitness
derek.lund@dsu.edu
(605) 256-7546

Cody Davis – Group Trainer
cody.davis@dsu.edu
(605) 256-7550

Frances Walker – Office
frances.walker@dsu.edu
(605) 256-7551

Kevin McGowan – Facility

MADISON PARK & RECREATION
Mike McGillivary – Park Foreman
parks@cityofmadisonsd.com
(605) 256-7520

Lakin Neugebauer – Recreation
(605) 480-1203

Roxie Ebdrup – Admin Coordinator
(605) 256-7515

Shalace Ahlers – Park Technician

Stay CONNECTED
Search “Community Center - Madison SD”
Search “Madison Community Center” and get latest tweets
Download CC-App
by searching “Madison Community Center”
E-blasts keeps you informed!
Follow Us
Go to website and click on email blast register link.
@madisonsdcommunitycenter
### DAILY RATES

<table>
<thead>
<tr>
<th></th>
<th>WITH MEMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family</td>
<td>$18</td>
</tr>
<tr>
<td>Adult (19+)</td>
<td>$8</td>
</tr>
<tr>
<td>Seniors (65+)</td>
<td>$6</td>
</tr>
<tr>
<td>Youth (13-18)</td>
<td>$6</td>
</tr>
<tr>
<td>Child (3-12)</td>
<td>$4</td>
</tr>
<tr>
<td>Walking</td>
<td>$3</td>
</tr>
</tbody>
</table>


### PUNCH CARDS-BASE MEMBERSHIP

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>CrossEdge Team - 10 visits to training</td>
<td>$60</td>
</tr>
<tr>
<td>Cycle &amp; Circuit 30 - 20 visits to classes</td>
<td>$60</td>
</tr>
<tr>
<td>Childcare - 20 visits to childcare up to 2hrs per day</td>
<td>$30</td>
</tr>
</tbody>
</table>

### PUNCH CARDS - GUESTS

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Walking Track - 10 day visits to use indoor track</td>
<td>$30</td>
</tr>
<tr>
<td>Daily Visitor - 10 day visits to use entire facility</td>
<td>$60</td>
</tr>
<tr>
<td>Daily Training - 10 visits to Training classes</td>
<td>$100</td>
</tr>
</tbody>
</table>

### OTHER RATES

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Large Towels</td>
<td>$1</td>
</tr>
<tr>
<td>Racquetball Equipment Rental</td>
<td>$3</td>
</tr>
<tr>
<td>One Racquetball Item</td>
<td>$1</td>
</tr>
<tr>
<td>Childcare Per Visit (up to 2 hours per child)</td>
<td>$2</td>
</tr>
<tr>
<td>Locker Annual Rental</td>
<td>$75 - long</td>
</tr>
<tr>
<td></td>
<td>$50 - short</td>
</tr>
</tbody>
</table>

**PHOTO/VIDEO POLICY**

The Community Center takes photographs and/or video footage of people enjoying our programs, events, parks and facilities. These photographs/video footage are used for Parks & Recreation, Community Center and Dakota State University publication, such as this brochure, web page, flyers, etc. Photographs/video footage is used at the discretion of and becomes the sole property of The Community Center, Dakota State University and Madison Parks & Recreation.

### LOCKER RENTAL

Lockers are available for daily use at no cost. This is on a first come, first serve basis.
- Short lockers = $50.00
- Long lockers = $75.00

Lockers are available for rent at the front desk. Use of lockers is at your own risk. The Center accepts no responsibility for lost or stolen items.

Please leave valuables at home, or for your security, bring a lock to secure valuables during daily use of lockers.

### CHILDCARE HOURS

Quality daycare for children ages 3 months to 10 years are welcome. Daycare closes at noon and 7:00 pm if no one is using it.

<table>
<thead>
<tr>
<th>Time</th>
<th>Mon.-Thurs</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 am - 1 pm</td>
<td>5 pm - 8 pm</td>
<td>9 am - 1 pm</td>
<td>8 am - 11 am</td>
</tr>
</tbody>
</table>

*Childcare on Saturdays not offered in the Summer starting May 17th

Childcare Fees: Base Member
- $2.00 for up to 2 hrs. per child
- $30.00 punch card (20 punches)

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Please leave valuables at home, or for your security, bring a lock to secure valuables during daily use of lockers.

### CELEBRATE YOUR BIRTHDAY AT THE COMMUNITY CENTER!

The CC has everything you need for a GREAT birthday party. Swim in the pool, shoot down the waterslide, or play with scooters and hula-hoops in the gym.

Room rental includes facility access for all guests, room, tables chairs, access to refrigerator, freezer, microwave, and oven. Outside food and beverage is allowed.

<table>
<thead>
<tr>
<th>Small Party (6-20 guests)</th>
<th>Basic Party or Pool Patio (21-40 guests)</th>
<th>Large Group (41-70 guests)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Member</td>
<td>$15 per hour</td>
<td>$25 per hour</td>
</tr>
<tr>
<td>Non Member</td>
<td>$20 per hour</td>
<td>$35 per hour</td>
</tr>
</tbody>
</table>

Two hour minimum

Schedule your party by calling the front desk at (605)-256-5837 or book online at madisoncommunitycenter.com
## Membership Packages

### Membership Plans

**Base Membership** – provides access to the Community Center, groupx classes, fitness consultations, and CC workout program.

**Training Membership** – includes all benefits of Base Membership, plus access to cycle mania classes, circuit 30 classes, CrossEdge Training, three personal training appointments per month, and unlimited daycare usage.

### Membership Payment Options

(All prices include tax)

- **Annual Bank Draft** – Pay through automatic debit on 2nd or 15th of each month. After initial twelve month contract, membership will automatically renew. Annual monthly debit membership (after the 10th of each month) will have the first month prorated. The first full month will not count until the next month. Initiation fee is included in monthly fee.

- **Annual Pay-in-Full** – Pay by credit card, check, cash, or through payroll deductions for twelve consecutive months. Initiation fee is included in annual fee.

- **Month to Month** – Pay in one lump sum for desired months or through monthly debit. Allows cancellation at any time. Initiation fee is charged during sign-up.

### Membership Discounts

- **Corporate** – Employees of several Madison and Area corporations have a discount to the Community Center. Check with your HR office for corporate discount rates!

- **Surrounding Area** – Members living within Zip Codes 57017 (Colman), 57349 (Howard), 57051 (Oldham), 57212 (Arlington), 57058 (Salem), 57018 (Colton), or any zip code outside of Lake County are eligible to receive a 20% discount on annual memberships.

- **Assistance Application** – Financial assistance and fee reduction is available to households who apply and meet eligibility requirements. Membership assistance forms are available at the Community Center or Social Services office. Contact the Director at 256-7547 for more information.

### Cancellation Policy

Pay-in-Full memberships are nonrefundable unless a person isn’t able to continue by reason of death or permanent disability. Annual monthly debit may break their contract due to moving, but must pay a $100 early cancellation fee. Cancellation requests must be received by the 25th of the month to be effective for the start of the next month.

### Community Center Wellness Studio

115 W Center Street 2nd floor at City Hall

Workout on YOUR time... Day or Night... with Self-Access!

* $35 per KEY FOB

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<table>
<thead>
<tr>
<th>Membership Packages</th>
<th>Base Membership Plan</th>
<th>Training Membership Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Annual PIF</td>
<td>Annual Month</td>
</tr>
<tr>
<td>FAMILY</td>
<td>$553</td>
<td>$48.00</td>
</tr>
<tr>
<td>ADULT PLUS ONE</td>
<td>$467</td>
<td>$39.75</td>
</tr>
<tr>
<td>SENIOR PLUS ONE</td>
<td>$418</td>
<td>$36.75</td>
</tr>
<tr>
<td>ADULT (22-64)</td>
<td>$320</td>
<td>$29.75</td>
</tr>
<tr>
<td>SENIOR (65+)</td>
<td>$244</td>
<td>$22.00</td>
</tr>
<tr>
<td>YOUNG ADULT (19-21)</td>
<td>$244</td>
<td>$22.00</td>
</tr>
<tr>
<td>YOUTH (3-18)</td>
<td>$169</td>
<td>$16.00</td>
</tr>
<tr>
<td>WALKING</td>
<td>$152</td>
<td>$12.75</td>
</tr>
</tbody>
</table>
SESSIONS 1 & 2

Madison After School Care Program (MASCP) is offering a summer camp for students who have completed JrK - 5th grade during the 2018-2019 school year. Campers will engage in physical and academic enriching activities. Campers will get to explore various places on field trips, swim, participate in the summer reading program, and much more. Camp is open from 7:00 a.m. until 5:30 p.m. Campers are dropped off at the front of Madison Elementary School and must be picked up by 5:30 pm at the Community Center or additional fees will apply. For more information on Session 1 & 2 please email Victoria.Heinrichs@k12.sd.us. Please register by May 15th.

Mail forms to MASCP, PO Box 323, Madison, SD 57042

Camp Dates:
- Session 1: June 3rd - June 28th
- Session 2: July 1st - Aug 2nd (no camp Thursday, July 4th)
- The Community Center will offer Session 3: Aug 6th - Aug 22nd; see Information Below

Items to bring to camp everyday:
- Sack lunch (fridges & microwaves not available so pack accordingly)
- SUNSCREEN
- Swim suit & towel
- Wear shoes you can explore in

<table>
<thead>
<tr>
<th>Fees per session</th>
<th>Camper 1</th>
<th>Each additional camper from same family</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 1</td>
<td>$280</td>
<td>$180</td>
</tr>
<tr>
<td>Session 2</td>
<td>$350</td>
<td>$250</td>
</tr>
<tr>
<td>Weekly</td>
<td>$85</td>
<td>$80</td>
</tr>
<tr>
<td>Day - minimum charge of 2 days/week</td>
<td>$25/day</td>
<td>$20/day</td>
</tr>
<tr>
<td>Community Center (non-members only)</td>
<td>$25/session</td>
<td>$25</td>
</tr>
<tr>
<td>Madison Aquatics Center (if no season swim pass)</td>
<td>$15/session</td>
<td>$15</td>
</tr>
</tbody>
</table>

Fee covers cost of care, a morning snack & field trips
Child Care Assistance is available contact Department of Social Services at 256-5683
MASCP license number: 018042168

SESSION 3

The Community Center is offering Summer Camp Session 3 for students entering grades 1st – 6th grade. Please bring the same items to camp every day that your child brought for sessions 1 & 2.

A separate registration form is required to be completed. Campers will be dropped off and picked up at the Community Center. Camp is open from 7:00 a.m. until 5:30 p.m.

For more info on Session 3, please call Victoria Heinrichs 605-929-3310 or Victoria.Heinrichs@k12.sd.us

Dates: August 5th - August 16th

<table>
<thead>
<tr>
<th>Fees per session</th>
<th>Camper 1</th>
<th>Each additional camper from same family</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 3 - CC Member</td>
<td>$225</td>
<td>$150</td>
</tr>
<tr>
<td>Session 3 - CC Non-Member</td>
<td>$275</td>
<td>$200</td>
</tr>
</tbody>
</table>

Child Care Assistance is available contact Department of Social Services at 256-5683
Community Center license number: 018042122
Daily or weekly rates are not available for session 3.
### Summer Camp Registration Form
PAYMENT FORM (SESSION1 & 2)

#### Student Must Complete Junior Kindergarten During the 2018-2019 School Year to Enroll.

<table>
<thead>
<tr>
<th>Last</th>
<th>First</th>
<th>MI</th>
<th>Age</th>
<th>Session/Weekly</th>
<th>Grade ('18-'19) JK-5TH</th>
</tr>
</thead>
<tbody>
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<table>
<thead>
<tr>
<th>Parent/Guardian Name</th>
<th>Work Phone</th>
<th>Cell Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
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Address:

<table>
<thead>
<tr>
<th>Doctor</th>
<th>Hospital</th>
<th>Phone Number</th>
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<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Emergency Contact</th>
<th>Phone Number</th>
<th>Relationship</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

SESSION 1—JUNE 3RD- JUNE 28TH
List any days going to be gone:

SESSION 2—JULY 1ST- AUGUST 2ND (NO PROGRAM ON JULY 4TH)
List any days going to be gone:

ANY ALLERGIES/MEDICATIONS/SPECIAL ACCOMMODATIONS THAT ARE NEEDED FOR YOUR CHILD:

_______________________________________________________________________________________
_______________________________________________________________________________________
_______________________________________________________________________________________

INITIAL TO THE FOLLOWING STATEMENTS:

| I AGREE TO PAY THE FULL COST OF TUITION ON/BEFORE THE FIRST DAY OF EACH SESSION(S). |
| I AGREE TO INFORM STAFF WHEN MY STUDENT WILL BE GONE VIA TEXT/CALL/EMAIL. |
| I AGREE THAT IF THERE IS A MEDICAL EMERGENCIES & I CANNOT BE CONTACT THAT STAFF HAS |
| I AGREE TO ALLOW PHOTOS TO BE TAKEN FOR GROUP PHOTOS. (E.G. FACEBOOK PAGE) |

Signature: ___________________________  Date: ________________

PLEASE SEND ALL REGISTRATION FORMS TO: MACP PO BOX #323 MADISON, SD 57042
Grades: Students entering 1st - 6th grade in fall of 2019  
Time: 7:00 am - 5:30 pm  
Where: Drop off at The Community Center – Pick up at The Community Center

<table>
<thead>
<tr>
<th>Student Name</th>
<th>Age</th>
<th>Date of Birth</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
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<table>
<thead>
<tr>
<th>Parent/Guardian Name</th>
<th>Work Phone</th>
<th>Cell Phone</th>
<th>Email</th>
</tr>
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<tbody>
<tr>
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</tbody>
</table>

Address:  
*Please circle best number to contact*

<table>
<thead>
<tr>
<th>Emergency Contact/Authorized to Check Out</th>
<th>Phone Number</th>
<th>Relationship</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
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<tr>
<td></td>
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</tr>
</tbody>
</table>

Any allergies/medications/special accommodations that are needed for your child:  

NO / YES  
Specify:__________________________________________________________________________  

Doctor Name:____________________________________________  
Phone Number:_________________________  

RELEASE FORMS  
I understand, consent, and agree The Community Center, Madison Aquatic Center, MASCP, DSU, or City of Madison or any contributor or supervisor connected with this program SHALL NOT, be held responsible for any accident, injury, or loss of personal property during my child’s participation. I understand that I must furnish my own Health, Accident, or Hospitalization Insurance if I want such coverage.  

Emergency Medical Release:  
If emergency medical care is deemed necessary and I cannot be contacted, I authorize the staff to act in my behalf in granting permission for my child to receive emergency treatment. I as the parent/guardian, take full responsibility for the payment of any and all present payment and future medical expenses. I agree to waive and relinquish all claims my minor child/ward or I may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Madison Community Center, City of Madison and State of South Dakota including its officials, agents, volunteers and employees. By signing this document, I agree to be bound by all conditions of the application.  

Transportation Release:  
We will give you advanced notice of all field trips. Please sign this form so that your child is able to attend field trips. My child has my permission to go on field trips that are in town and out of town. I am fully aware that the staff is providing transportation.  

Parent/Guardian Signature: ____________________________________ Date: ___________________

<table>
<thead>
<tr>
<th>Office Use Only:</th>
<th>CC Member</th>
<th>CC Non-Member</th>
<th>Payment Method</th>
<th>Paid</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child 1</td>
<td>$225</td>
<td>$275</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Child 2+</td>
<td>$150</td>
<td>$200</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Return form with payment to the Community Center no later than August 2nd.  
Mail to: Community Center, 820 N Washington Ave., Madison, SD 57042
CORPORATE WELLNESS SPONSORS

Event sponsors help the Community Center offer healthy, social, and wellness services that benefits their employees and all community members. Corporate Wellness Sponsors receive a banner in the double gym, sponsorship recognition at our events, logo on digital display boards, their employees receive a 15% discount on membership, and much more. For more information contact Aaron Waller.

**IRON GRIP YOUTH WEIGHTLIFTING CLUB**
Max: 8 participants  
Cost: $35 Training Membership  
$65 Base Membership  
$85 Non - Member  
Time to Pump the irons, lift the barbells and strengthen the core! This class is designed for 10-13 year olds to learn the correct weight lifting techniques of barbells, dumbbells and body weight exercises. No classes July 1-5.

<table>
<thead>
<tr>
<th>Prg Code</th>
<th>Date</th>
<th>Age</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>YWC1</td>
<td>6/4 - 8/1</td>
<td>10-13</td>
<td>T, Th</td>
<td>9 am - 9:45 am</td>
</tr>
<tr>
<td>YWC2</td>
<td>6/4 - 8/1</td>
<td>10-13</td>
<td>T, Th</td>
<td>12:10 pm - 12:55 pm</td>
</tr>
</tbody>
</table>

**NINJA KIDS FITNESS**
Max: 20 participants  
Cost: $25 Training Members / $55 Base Members / $75 Non-Members  
Ninja Kids focuses on building endurance, coordination, balance, and cardio through ninja exercises, obstacles, and activities. No classes July 2 - 6.

- **Strength and Conditioning:** Goal is to build overall body awareness with strength and conditioning exercises. A variety of challenging exercises will prepare the Ninja Kids for everyday life.
- **Obstacle Training:** Obstacle courses include running, jumping, climbing, crawling, and balancing elements with the aim of testing speed and endurance.
- **Gymnastics/Parkour/Free Running:** Elements of gymnastics, parkour, and free running will be incorporated into the program. No classes July 1-5.

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<thead>
<tr>
<th>Prg Code</th>
<th>Date</th>
<th>Age</th>
<th>Days</th>
<th>Time</th>
<th>Loc</th>
</tr>
</thead>
<tbody>
<tr>
<td>NKF1</td>
<td>6/3 - 7/31</td>
<td>4-5</td>
<td>M,W</td>
<td>9 am - 9:30 am</td>
<td>CC</td>
</tr>
<tr>
<td>NKF2</td>
<td>6/3 - 7/31</td>
<td>6-7</td>
<td>M,W</td>
<td>10 am - 10:45 am</td>
<td>CC</td>
</tr>
<tr>
<td>NKF3</td>
<td>6/3 - 7/31</td>
<td>8-9</td>
<td>M,W</td>
<td>11 am - 11:45 am</td>
<td>CC</td>
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**CROSSEDGE-SPORTS PERFORMANCE**
Max: 6 participants  
3-Day: $190 Training Members / $220 Base Members  
2-Day: $150 Training Members / $175 Base Members  
This sports performance will take young athletes (ages 14 and up) to the next level with sport-specific strength and conditioning training with our new and improved functional training equipment. Training will include weightlifting, metabolic conditioning, plyometrics, and agility. For groups of 4 training at the same time, please contact Derek Lund, 256-7546, derek.lund@dsu.edu for special pricing and scheduling. No classes July 1-5.

<table>
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<tr>
<th>Prg Code</th>
<th>Package</th>
<th>Date</th>
<th>Days</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>CESP1</td>
<td>3 Day</td>
<td>6/3 - 8/2</td>
<td>M,W,F</td>
<td>6:30 am - 7:30 am</td>
</tr>
<tr>
<td>CESP2</td>
<td>2 Day</td>
<td>6/3 - 7/31</td>
<td>M,W</td>
<td>6:30 am - 7:30 am</td>
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**250 MILE WALKING CHALLENGE**
Cost: $15 members / $25 non-members  
It’s time to get up and outside with the 250 Mile Summer Challenge! This is a summer walk/run challenge that will take place over 14 weeks, starting May 27th and ending Sept. 2nd. Once you racked up 250 miles you will be awarded with a t-shirt which will signify your completion. Registration and tracking forms available at the front desk.

*Employees from our Corporate Wellness Sponsors (below) receive free entry*
FITNESS SERVICES
To schedule an appointment call the front desk (256-5837), schedule an appointment online, or through the CC App.

Fitness Consultation
Fitness/Health Assessments, Goal Settings Strategies.
Available to base and training memberships.

Fitness Evaluation
Fitness staff will determine your blood pressure, girth measurements, body composition, cardiovascular endurance, muscular strength and flexibility. Available to base and training memberships.

Equipment Orientation
Demonstration of all selectorized machines and cardio machines to show proper use and equipment adjustment.
Available to base and training memberships.

Basic Workout Routine
Members will be provided with a basic fitness program to get a routine started! Available to base and training memberships.

Training Appointments (1 on1)
Three 1 on 1 training sessions per month are included with the Training Membership. Training appointments can be scheduled with a trainer no less than two days in advance. The trainer will conduct a thirty or forty-five minute session helping you maintain your workouts and keep you on task.

COMPLETE 90
Fitness Trainers: Cody Davis or Derek Lund
Dietician: Jordan Eichacker
[jordan.peterson@madisonhospital.com]
Schedule: Contact Derek Lund (derek.lund@dsu.edu)
Complete 90 is a 90 day nutrition and fitness program tailored to fit you. You’ll meet with your fitness trainer at the Community Center and a registered dietician at the Madison Regional Hospital 6 times each. Your fitness and nutritional program will be tailored to fit you.

YOUTH FITNESS PROGRAM
Cost: $40
Ages: 10-13
Schedule: Contact Derek Lund (derek.lund@dsu.edu)
The youth fitness program is designed to teach children and parents basic exercises in the wellness room. Children, accompanied with a parent, will have two, hour long sessions with a trainer where they’ll learn the how to properly use select fitness equipment. Upon completion, children will be given a wristband to indicate they have passed the course and are able to use the select fitness equipment safely while under parent supervision.

MADMAN TRIATHLON
Saturday, June 1st
Kids Tri – 8:15 am / Adult Tri – 9:00 am
Register Online: www.allsportcentral.com
Long Course – 500 yd swim / 15 mile bike / 3.1 mile run
Traditional – 300 yd swim / 9 mile bike / 2.25 mile run
Kids Tri – 50 yd swim / 1 mile bike / .5 mile run (ages 6-13)

CrossEdge Fitness

**COST:** Training Membership - Included
Base Membership - punchcard 10 visits for $60
**CLASS MAX:** 15 participants
**COACHES:** Cody Davis
**SCHEDULE:** Schedule into each class by calling the front desk, online, or through the CC-App.

This new Extreme workout will push you to the edge, while exercising as a team. CrossEdge classes feature a variety of cross training workouts including battle ropes, weight sleds, tire flips, etc. You’ll enter class as an individual, but exercise as a team. CrossEdge – Team Fitness isn’t like any other workout. Coaches are experts in high intensity training and the Extreme workouts will make sure you get results.
FITNESS MENTOR
Fitness Mentors are currently pursuing a college degree in an Exercise Science related field. These individuals are properly trained to safely and effectively administer pre-designed workouts.

Fitness mentor will take you through a generic full-body workout and keep you on the right track. Mentors are great for members starting their workout routine!

Current Fitness Mentors:
Dalton Mercer, D’Artist Williams, Alwaise Villa, April Peterson, Dominic Mudloff, Braden Curnow

MASTER TRAINER
Take your training to a higher level. Are you ready? Master Trainers hold an Exercise Science related degree and a nationally recognized certification in the fitness industry. Master trainers have multiple years of experience and knowledge. Master trainers help you decrease body fat, increase energy, build muscle strength, improve your fitness level and manage injury.

Current Master Trainers:
Derek Lund, NETA, ACSM and Cody Davis

Small Group Training
Small Group Training is big enough to be fun, but small enough to get the one-on-one attention. Experience the benefits of the creativity and motivation of a trainer while lowering the cost, but still spending time with a trainer. Your small group trainer can tailor workouts around your goals and objectives, so grab a couple friends and get started today! We have pricing levels to work with a Fitness Mentor or a Master Trainer.

Participants: 3-5

<table>
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<tr>
<th>PRICES:</th>
<th>FITNESS MENTOR</th>
<th>MASTER TRAINER</th>
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<tbody>
<tr>
<td>10 Sessions (1 hr)</td>
<td>$70 per person</td>
<td>$90 per person</td>
</tr>
<tr>
<td>20 Sessions (1 hr)</td>
<td>$125 per person</td>
<td>$170 per person</td>
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</table>

Note: DSU Students receive a 10% discount

PERSONAL TRAINING STUDIO
The Personal Training Studio affords the opportunity for personal training clients to workout in this private area. You truly will have a dedicated one on one training experience without the intimidation of others. You’ll be able to relax and enjoy your training time, unencumbered by other activities.

Call (605)-256-7546 or email derek.lund@dsu.edu today!

TRAINING MEMBERSHIP INCLUDES:
- Cycle Classes
- Circuit 30
- CrossEdge Training
- Three Training Appts. Per Month (1-1)
- Unlimited Daycare
- 20% Discount on Preferred Client Training Packages

Upgrade your Membership Today!

Note: All Training Packages are an additional 15% for non-members.
**ACTIVE AND AGELESS** (Walk-In)
Total body workout designed for the young at heart! Lower your blood pressure, improve posture, and prevent osteoporosis by strengthening your bones and joints. This class combines cardiovascular exercise, muscle toning, and stretching in a lively 45-minute format to your favorite tunes. Come for a great workout and a good time.

**TOTAL TRAINING** (Walk-In)
Total Training will be an intense 35 minute class incorporating both cardio and strength. Each class will vary including full body strength, core concentration, boot camp, conditioning, stations, and more!

**YOGA** (Walk-In)
Release tension, tightness, and toxins from your body while increasing flexibility, endurance, balance, and coordination. Beginners will work on the fundamentals of postures, breathing, and enhance the ability to concentrate.

**ZUMBA** (Walk-In)
A Latin inspired group fitness class combing high energy and motivating music with unique moves and combinations. The routine features aerobic interval training by combing fast and slow rhythms toning and sculpting the body.

**MORNING MIX** (Walk-In)
Total body workout designed for the young at heart! This class combines cardiovascular exercise, muscle toning, and stretching in a lively 45-minute format to your favorite tunes. Come for a great workout and a good time.

**RIDE OR DIE**
Challenge yourself with this low impact cycle workout. Emphasis will be on speed, tempo, and timing. You will ramp up your heart rate and break a sweat in this class!

**POWER CYCLE**
This class will be sure to work your whole body with a combination of cycling and off the bike strength exercises!

**CIRCUIT 30**
Cost: Training Membership – Included
Classes are 30 minute training classes combing strength and cardio exercises. Class maximizes your time as staff leads you through 45 second workout stations, plus cardio. Preschedule into class by calling the front desk, online or through the CC-App. Maximum of 6 people per class.

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**GROUP TRAINING & EXERCISE SCHEDULE**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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</thead>
<tbody>
<tr>
<td>CrossEdge (MPG) 5:45 - 6:45 am</td>
<td>CrossEdge (MPG) 5:45 - 6:45 am</td>
<td>Circuit 30 (PT) 5:45 - 6:15 am</td>
<td>CrossEdge (MPG) 5:45 - 6:45 am</td>
<td>Power Cycle (AS) 5:45 - 6:30 am</td>
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<tr>
<td>Circuit 30 (PT) 5:45 - 6:15 am</td>
<td>Morning Mix (AS) 6:15 - 6:45 am</td>
<td>Circuit 30 (PT) 5:45 - 6:15 am</td>
<td>Circuit 30 (PT) 5:45 - 6:15 am</td>
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</tr>
<tr>
<td>Total Training (AS) 12:15 - 12:50 pm</td>
<td>P90X (AS) 9:00 - 10:00 am</td>
<td>Ride or Die (AS) 5:45 - 6:30 am</td>
<td>Total Training (AS) 12:15 - 12:50 pm</td>
<td>Cycle Choice (AS) 8:15 - 9:00 am</td>
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</tr>
<tr>
<td>Active &amp; Ageless (AS) 8:45 - 9:30 am</td>
<td>Circuit 30 (PT) 4:30 - 5:00 pm</td>
<td>Active &amp; Ageless (AS) 8:45 - 9:30 am</td>
<td>P90X (AS) 9:00 - 10:00 am</td>
<td>Active &amp; Ageless (AS) 8:45 - 9:30 am</td>
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<tr>
<td>Total Training (AS) 12:15 - 12:50 pm</td>
<td>Power Cycle (AS) 5:30 - 6:15 pm</td>
<td>Core De Force (AS) 5:30 - 6:15 pm</td>
<td>Total Training (AS) 12:15 - 12:50 pm</td>
<td>Yoga (FC) 9:15 - 10:15 am</td>
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<tr>
<td>Circuit 30 (PT) 5:30 - 6:15 pm</td>
<td>Core De Force (AS) 5:30 - 6:15 pm</td>
<td>Circuit 30 (PT) 5:30 - 6:00 pm</td>
<td>Circuit 30 (PT) 5:30 - 6:00 pm</td>
<td>Zumba (AS) 10:15 - 11:00 am</td>
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<td>CrossEdge (MPG) 6:15 - 7:15 pm</td>
<td>CrossEdge (MPG) 6:15 - 7:15 pm</td>
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<tr>
<td>Zumba (AS) 6:30 - 7:15 pm</td>
<td>Yoga (FC) 6:30 - 7:30 pm</td>
<td>Yoga (FC) 6:30 - 7:30 pm</td>
<td>Yoga (FC) 6:30 - 7:30 pm</td>
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**KEY**
(AS) = Aerobic Studio
(PT) = Personal Training Studio
(FC) = Family Center
(MPG) = Multi-Purpose Gym

*Group Fitness Classes highlighted orange are included with the training membership package. Walk-In Classes highlighted in blue are included with Base Membership.*
**LAP SWIM / WATER WALKING TIMES**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
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<th>SATURDAY</th>
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<td>*no lanes during SL</td>
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<td>6 lanes - Circle**</td>
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</table>

Water Walkers in 4ft section are responsible not to interfere with lap swimmers. If more than 6 lap swimmers, individuals required to share lanes or circle swim. Must be at least the age of 14 for adult lap swim. Lanes available on first come first serve basis.

**OPEN /FAMILY SWIM TIMES**

*No open swim 3:30-5:00pm during Swim Lessons May 28th - June 6th and July 8th - July 18th

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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<td>1:00-5:00 pm</td>
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<td>4:15-7:50 pm</td>
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<td>Family Fun</td>
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Lifejackets or flotation devices are not allowed, unless for individuals with special needs. Children age 3 & younger must have guardian (over 14) in water with them. Children age 4 & 5 must have guardian in aquatic area. *Safety break is taken from 4:00 - 4:15pm on Friday, Saturday, and Sunday.

**WATER GROUP X CLASSES**

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<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
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</table>

**ARTHITIC PROGRAM**
This class is designed for people suffering from stiff joints, arthritis, and other joint disease. The Arthritic Program is a class that works on joint flexibility and range of motion at participants own pace.

**WATER EXERCISE CLASS**
This class is designed to be simple, easy to follow, yet demanding. It will help tone every major muscle and get your heart rate going! We will improve your range of motion for your hips, knees, ankles, and shoulders. Class is held in the 4ft section of pool, no swimming skills are required.

**H2O AEROBICS**
This high energy aerobic class burns calories increases muscle strength, endurance, and provides great cardio benefits.

**FAMILY FUN NIGHT**
Every Tuesday and Thursday from 6 - 8pm the Wibit Kayak, noodles, and pool games available.

For more information on Group-X Classes call Laurie Bunker at (605)-256-7548
OPENING AND CLOSING DATES:
The Madison Aquatic Center is scheduled to open on Saturday, May 25th. The pool will close for the season on Saturday, August 17th.

POOL HOURS:
Monday – Sunday: 1:00 pm – 6:00 pm and 7:00 pm - 9:00 pm
Monday  –  Friday: 1:00 pm  – 6:00 pm  and 7:10 pm - 9:00 pm when swim lessons are in session.
(15 minute safety break taken at 3:00 pm)

SEASON SWIM PASSES
Season Swim Pass provides access to the Madison Aquatic Center. Qualifying households are eligible for a reduced season swim pass. Reduced rate applications available at the Community Center & Social Services Office. Family passes include legal guardians and dependents residing in the same household.

• Family $99.00
• Individual $59.00

Please note: Through the “DUAL SWIM PARTNERSHIP” Households who have active Community Center memberships receive $15 off per Community Center Member up to $45 maximum

DAILY SWIM PASSES
Daily swim passes provide access to the Madison Aquatic Center. Daily fees apply to anyone entering the aquatic center; regardless of usage. An observation area is located outside the facility on the east side of the aquatics facility for guests wishing to observe. Special group rates are available ($1 discount per person) for non-profits or parties renting Thue Shelter. Group rates must be scheduled in advance, by calling the Aquatics Coordinator at 256-7548 or 256-7530.

• Individual daily swim pass $4
• Infant (12 months or younger) $1
• Daily Admission Punch Card (10 visits) $30

FAMILY FUN NIGHTS
TUESDAYS AND THURSDAYS 7-9PM

Join us for a night of fun which includes, water games, noodles, and inflatable inner-tubes. Pizza slices for $1 along with other concession specials. Patrons may bring their own water squirt guns, sinkers, and water balls (flotation devices and life-jackets are not allowed).
DUAL SWIM PARTNERSHIP
In the spirit of cooperation the Madison Aquatics Center and the Community Center are pleased to announce the use of a dual swim partnership, which allows residents access to a pool regardless of weather. Households who have an active Community Center membership are eligible to receive up to a $45 discount on family and individual season swim passes. Families and individuals who have a season swim pass to the Madison Aquatics Center only (do not hold a Community Center membership), are eligible to access the Community Center aquatics area at no cost on “Yellow” and “Red” days.

OPENING AND CLOSING LEVELS
The Madison Aquatics Center and Community Center will work together to allow as much water fun as possible. Watch for our color opening and closure levels to help you know where to swim for the day!

GREEN:
- Madison Aquatics Center and The Community Center Pools are open and regular hours apply MAC season swim pass holders have access to MAC only

YELLOW:
- A Yellow Day means the weather is not ideal for outdoor swimming, but the MAC will remain open as long as weather permits. MAC season swim pass holders will also have access to the CC aquatics area through the dual swim pass partnership.
  - Where can I swim?
    - MAC season swim pass holders have the option to swim at MAC or CC during open swim hours. If MAC closes, the MAC will go into a “red” level for the remainder of the day.

RED:
- Madison Aquatics Center is closed due to weather
- The Community Center pool is open to MAC season swim pass holders

  - Where can I swim?
    - MAC season swim pass holders swim at Community Center Pool at no charge through the dual swim partnership

NOTE: The policy of the Madison Aquatics Center follows the guidelines of the National Weather Service. If thunder is heard or lightning is seen, we clear the MAC pool immediately. The MAC pool will be closed for 30 minutes and remain closed until 30 minutes has elapsed from the last sight of lightening or sound of thunder. If the MAC issues a Yellow or Red Day due to weather, the Community Center pool will open with full service.

CALL NOW OR BOOK ONLINE! 256-7530

BRING YOUR CAKE IN!

BIRTHDAY Party Pads AT THE MAC $20 PER HOUR (MINIMUM 3 HOURS)

Spend it with us and your party will be a huge hit. When you book your party with us, you will receive: Admission to the water park for 12 people, two pizzas, 12 beverages and a private party pad, with tables and chairs. Each additional person over maximum of twelve is $3.00

BRING YOUR POOCH PALS TO ENJOY OFF-LEASH SWIMMING!
* Maximum of 2 dogs per owner, Dogs must be current on shots, keep dog under voice control, Owners not allowed to swim

6:00PM - 7:30PM AUGUST 19TH, 2019 AT THE MADISON AQUATICS CENTER 1000 NW 1ST MADISON, SD 57042
PARENT TOT (6 to 36 months) – Little swimmers and parents will learn water adjustments techniques, become comfortable getting wet, swimming on front and back with support, breath control, and changing directions, personal safety, and water exit skills. Both parents and infants / toddlers are in the water.

PRESCHOOL LESSONS (Ages 3-5) – Familiarize children to the aquatic environment and help them acquire, then build upon basic aquatic skills with logical progression. Once participant reaches age 5, they can advance to level 1 or continue progression in Preschool.

**Level 1** (*Must be age 5*) – Students become acquainted with the water and aquatic environment while gaining basic aquatic skill. To progress child must be able to fully submerge head, glide on front at least 2 body lengths then roll to back and float for 5 seconds.

**Level 2** – Students build on Level 1 skills and are introduced to lead-up strokes: Swimming on front and back for 5 body lengths. To progress child must be able to swim using combined arm and leg action & float for 15 seconds independently.

**Level 3** – Students achieve basic water competency in a pool environment. To progress child must be comfortable jumping into deep water, maintain position by treading or floating for 1 minute then swim across the entire length of the pool (25 yards).

**Level 4** – Students work to improve their proficiency in performing the swimming strokes that were introduced in Level 3. To progress child must swim front crawl and elementary backstroke for 25 yards; swim breaststroke and back crawl for 15 yards, and swim 3 to 5 body lengths while fully submerged under water.

**Level 5** – Students begin to refine their performance of all 6 swimming strokes. To progress child must be able to perform a shallow dive; swim front crawl and elementary backstroke for 50 yards; swim breaststroke and back crawl for 25 yards with appropriate turning styles.

**Level 6** – Swimmers focus on perfecting strokes and increasing endurance with open and flip turns. Students also learn advanced skills in personal water safety, fundamentals of diving, and fitness swimming.

**Dick Wiedenman Swim Lesson Endowment**
Households approved for a reduced rate will pay $5 per participant thanks to the Dick Wiedenman Swim Lesson Endowment.

*Reduced rate applications are available at the Community Center and Social Services.*
Group swim lessons is offered by the Community Center or Madison Aquatic Center in the morning, afternoon, and evening. Classes are held four days per week Monday – Thursday at their designated time. Due to Memorial Day the first week of Session One classes are held Tues-Fri. Registration will close two days prior to the start of the session. No one will be turned away because of inability to pay. Residents who qualify for a reduced rate will pay $5.00 for group swim lessons. All swim lesson levels have a maximum of 10 participants.

<table>
<thead>
<tr>
<th>COMMUNITY CENTER</th>
<th>MADISON AQUATIC CENTER</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Session I:</strong> May 28th - June 6th</td>
<td><strong>Session II:</strong> June 17th - June 28th</td>
</tr>
<tr>
<td><strong>Session III:</strong> July 8th - July 18th</td>
<td><strong>Session IV:</strong> July 22nd - Aug. 2nd</td>
</tr>
<tr>
<td><strong>Fees:</strong> $30 members / $40 non-members</td>
<td><strong>Fee:</strong> $30 per participant</td>
</tr>
<tr>
<td>Monday through Thursday classes</td>
<td>Monday through Friday classes</td>
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</thead>
<tbody>
<tr>
<td><strong>PARENT-TOT</strong> (6 month - 36 months)</td>
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</tr>
<tr>
<td>SLCC100</td>
<td>9:50a-10:20a</td>
<td>SLAC200</td>
<td>11:15a-11:45a</td>
<td>SLCC300</td>
<td>9:50a-10:20a</td>
<td>SLAC400</td>
<td>11:15a-11:45a</td>
</tr>
<tr>
<td><strong>PRESCHOOL</strong> (3-5 YR OLDS)</td>
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</tr>
<tr>
<td>SLCC103</td>
<td>9:50a-10:20a</td>
<td>SLAC203</td>
<td>10:40a-11:10a</td>
<td>SLCC303</td>
<td>9:50a-10:20a</td>
<td>SLAC403</td>
<td>10:40a-11:10a</td>
</tr>
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<td>SLCC104</td>
<td>3:40p-4:10p</td>
<td>SLAC204</td>
<td>11:15a-11:45a</td>
<td>SLCC304</td>
<td>3:40p-4:10p</td>
<td>SLAC404</td>
<td>11:15a-11:45a</td>
</tr>
<tr>
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<td>SLAC205</td>
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<td>SLCC305</td>
<td>4:30p-5:00p</td>
<td>SLAC405</td>
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<tr>
<td><strong>LEVEL 1</strong> (5YR OLDS)</td>
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</tr>
<tr>
<td>SLCC107</td>
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<td>SLAC207</td>
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<td>SLCC307</td>
<td>9:50a-10:35a</td>
<td>SLAC407</td>
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<tr>
<td><strong>LEVEL 2</strong></td>
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<td>SLCC311</td>
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<tr>
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<td>SLAC214</td>
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<tr>
<td><strong>LEVEL 4</strong></td>
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<tr>
<td>SLCC118</td>
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<tr>
<td><strong>LEVEL 5 &amp; 6</strong></td>
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<td>SLCC122</td>
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<td>SLAC222</td>
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<td>5:20p-6:05p</td>
<td>SLAC422</td>
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<tr>
<td>SLCC123</td>
<td>10:40a-11:25a</td>
<td>SLAC223</td>
<td>10:40a-11:10a</td>
<td>SLCC323</td>
<td>10:40a-11:25a</td>
<td>SLAC423</td>
<td>10:40a-11:10a</td>
</tr>
</tbody>
</table>
SCOTT’S PITCH HIT RUN
Participants compete in either the Baseball division or the softball division. They will have the opportunity to advance through four levels of competition including Locals, Sectionals, Team Championships and the National Finals during the MLB All-Star week. Madison Park and Rec is working with the baseball and softball associations to put on this event. Volunteers from both associations will be needed. Registration will be the night of the event.

<table>
<thead>
<tr>
<th>Prg Code</th>
<th>Date</th>
<th>Age</th>
<th>Days</th>
<th>Fee</th>
<th>Time</th>
<th>Loc</th>
</tr>
</thead>
<tbody>
<tr>
<td>N/A</td>
<td>5/10</td>
<td>9-14</td>
<td>Fri</td>
<td>Free</td>
<td>6:00p</td>
<td>BB</td>
</tr>
</tbody>
</table>

YOUTH TRACK MEET
Registration will be taken the night of the meet. A copy of the registration form may be obtained at the front desk of the Community Center or at the track on the day of the meet.

<table>
<thead>
<tr>
<th>Prg Code</th>
<th>Date</th>
<th>Age</th>
<th>Days</th>
<th>Fee</th>
<th>Time</th>
<th>Loc</th>
</tr>
</thead>
<tbody>
<tr>
<td>N/A</td>
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<td>9-12</td>
<td>w</td>
<td>Free</td>
<td>6:00p</td>
<td>Track</td>
</tr>
</tbody>
</table>

PROJECT WILD/OUTDOOR EXPLORERS
Summer is a time to be outdoors!!! This program is great for kids to get out and experience nature. Things that participants will do are: hike, fish, collect different objects, and a fun scavenger hunt! Registration sign-up will open April 24th and will be online at www.madisoncommunitycenter.com. Look under Madison Park and Recreation programs.

<table>
<thead>
<tr>
<th>Prg Code</th>
<th>Date</th>
<th>Age</th>
<th>Days</th>
<th>Fee</th>
<th>Time</th>
<th>Loc</th>
</tr>
</thead>
<tbody>
<tr>
<td>PW</td>
<td>6/11-6/20</td>
<td>8-13</td>
<td>T,Th</td>
<td>$25</td>
<td>1p-3p</td>
<td>Parks</td>
</tr>
</tbody>
</table>

ARCHERY
Archery will teach kids the fundamentally correct techniques to shoot a bow properly and safely. Children will be using fun and easy targets to hone in on their skills. By the end of the program they will be shooting bullseyes! All equipment will be provided.

<table>
<thead>
<tr>
<th>Prg Code</th>
<th>Date</th>
<th>Grade</th>
<th>Days</th>
<th>Fee</th>
<th>Time</th>
<th>Loc</th>
</tr>
</thead>
<tbody>
<tr>
<td>ARC</td>
<td>6/10-6/24</td>
<td>4th-8th</td>
<td>MW</td>
<td>$25</td>
<td>2:3p</td>
<td>BB</td>
</tr>
</tbody>
</table>

MUNCHKINS N’ MOTION
Munchkins N’ Motion will teach social, cognitive, and coordination skills through the introduction of sport and team building activities, along with musical and singing activities. Sessions will be structured on the basis of a physical education age-appropriate curriculum.

<table>
<thead>
<tr>
<th>Prg Code</th>
<th>Date</th>
<th>Age</th>
<th>Days</th>
<th>Fee</th>
<th>Time</th>
<th>Loc</th>
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</thead>
<tbody>
<tr>
<td>MNM1</td>
<td>6/3-6/13</td>
<td>3</td>
<td>M, I, W, Th</td>
<td>$25</td>
<td>9a-9:50a</td>
<td>CC</td>
</tr>
<tr>
<td>MNM2</td>
<td>6/3-6/13</td>
<td>4-5</td>
<td>M, T, W, Th</td>
<td>$25</td>
<td>10a-10:50a</td>
<td>CC</td>
</tr>
</tbody>
</table>

PINEWOOD DERBY CAR RACE
Who can create the fastest derby car? All participants will start with the same kit and must follow certain perimeters. Creating these cars is something you will do at home. Details will be handed out the night of registration.

<table>
<thead>
<tr>
<th>Prg Code</th>
<th>Date</th>
<th>Age</th>
<th>Time</th>
<th>Day</th>
<th>Fee</th>
<th>Loc</th>
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<tbody>
<tr>
<td>DCR</td>
<td>6/26</td>
<td>8-18</td>
<td>6pm</td>
<td>W</td>
<td>$10</td>
<td>CA</td>
</tr>
</tbody>
</table>

Cars will be raced 7/15 at 7pm

EXPLORE THE WORLD OF DANCE
Get Ready to Move! Participants will dance to a variety of music to learn different styles and techniques. Program will introduce different dance styles such as ballet, jazz, hip hop, and modern dance. Participants need to wear exercise clothes and soft slippers.

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<tr>
<th>Prg Code</th>
<th>Date</th>
<th>Age</th>
<th>Days</th>
<th>Fee</th>
<th>Time</th>
<th>Loc</th>
</tr>
</thead>
<tbody>
<tr>
<td>EWD1</td>
<td>6/3-6/13</td>
<td>3-4</td>
<td>M, T, W, Th</td>
<td>$25</td>
<td>1p-1:50p</td>
<td>CC</td>
</tr>
<tr>
<td>EWD2</td>
<td>6/3-6/13</td>
<td>5-6</td>
<td>M, T, W, Th</td>
<td>$25</td>
<td>2p-2:50p</td>
<td>CC</td>
</tr>
<tr>
<td>EWD3</td>
<td>6/3-6/13</td>
<td>7-10</td>
<td>M, T, W, Th</td>
<td>$25</td>
<td>3p-3:50p</td>
<td>CC</td>
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</tbody>
</table>

YOUTH SPORTS CLUB
Youth competitors will come play a variety of different sports in a controlled and fun atmosphere. Each week through the duration of the program, the individuals will play a different sport to build them as competitors and athletes. Registration for this program will open May 20th and can be found online at www.madisoncommunitycenter.com. Look under Madison Park and Recreation programs.

<table>
<thead>
<tr>
<th>Prg Code</th>
<th>Date</th>
<th>Grade</th>
<th>Days</th>
<th>Fee</th>
<th>Time</th>
<th>Loc</th>
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</thead>
<tbody>
<tr>
<td>SC</td>
<td>6/10-7/15</td>
<td>3-8</td>
<td>M</td>
<td>$25</td>
<td>10:30a-12:00p</td>
<td>Varies</td>
</tr>
</tbody>
</table>

LOCATION CODES:
CA - City Armory
MGS - Madison Gymnastic Studio
CC - Community Center
TBA - To Be Announced
MCC - Madison Country Club
BB - Baughnam/Belatti Park
INTRO. TO SCRAPBOOKING
Learn the basics of scrapbooking: picture selection, cropping, color coordination, embellishing, journaling and much more. You supply the photos; we supply the rest of the materials! There are several topics to choose from such as pets, sports, family, friends, holidays, trips, and vacations. Choose one or choose them all. There is a maximum of 15 participants per class. Participants must be at least 8 years old.

Prg Code | Date       | Age   | Days     | Fee  | Time   | Loc.
---------|------------|-------|----------|------|--------|------
SB1      | 6/24-6/27  | 8 & up| M,T,W,Th | $25  | 1p-2p  | CC   

TUMBLING, MOVEMENT & CHEER
Children will be introduced to the basic skills of tumbling, movement & cheer through a variety of mat exercises that will focus on the development of coordination in a supervised environment.

Please Note:
Participants should wear leotards or shorts, please no tights. No shoes will be allowed on the mats.

Prg Code | Date       | Age  | Days    | Fee  | Time     | Loc.
---------|------------|------|---------|------|----------|------
TMC1     | 7/8-7/18   | 3-4  | M,T,W,th| $25  | 9a-9:50a | CC   
TMC2     | 7/8-7/18   | 5-6  | M,T,W,th| $25  | 10a-10:50a| CC   
TMC3     | 7/8-7/18   | 7-10 | M,T,W,th| $25  | 11a-11:50a| CC   

2019 SUMMER TENNIS PROGRAM
Offered by the Madison Tennis Association

7-8 years old and under
June 3rd - June 26th
9:30 to 10:30am - Mon, Tues, Wed - Fee: $25 per student

9-10 years old
June 3rd - June 26th
10:30 to 11:30am - Mon, Tues, Wed - Fee: $25 per student

13-18 years old
July 3rd - July 17th (No tennis 4th of July week)
12:00 to 2:00pm - Mon, Tues, Wed. - Fee $95

Optional tournament (Included with fee)
** Includes entry fee for Madison Classic Tennis Tournament
Note: Playing in tournament is just an option, not required
Questions contact: Jeff Wray (605) 256-3414, or email at tennis@tennismadison.com
For more information: visit www.tennismadison.com

MAD SCIENCE CAMP
Be a scientist for a week! Participants will discover the wacky world of science by exploring the areas of biology, chemistry, physics, and weather. Experiments include creating lighting & fog, making ooey gooey slime, floating eggs, launching pop bottles, and much more. Bring an old t-shirt for a smock.

Prg Code | Date       | Age   | Days       | Fee  | Time     | Loc.
---------|------------|-------|------------|------|----------|------
MSC1     | 7/22-7/25  | 8 & up| M,T,W,Th   | $25  | 9a-10:30a| CC   

ROCKET BUILDING CLASS
Students will build and launch a model rocket. Participants will learn the basic concepts of rocketry as it relates to design and safety. All supplies will be provided.

Prg Code | Date       | Age   | Days     | Fee  | Time     | Loc.
---------|------------|-------|----------|------|----------|------
RBC1     | 7/29-8/1   | 8 & up| M,T,W,th | $30  | 11a-11:50a| CC   
Rockets will launch at 8/2 at 11am

YOUTH VOLLEYBALL
Youth volleyball will be help individuals learn about the sport of volleyball. Fundamental techniques will be taught to help build skills. They will play games the last two weeks of the program. Knee pads are encouraged but are not mandatory.

Prg Code | Date       | Grade | Days | Fee  | Time     | Loc.
---------|------------|-------|------|------|----------|------
VB2      | 7/23-8/6   | 3-5   | 1th  | $25  | 10:30a-12:00p| CA   

LIFEGUARD TRAINING
Must be 15 years of age before class begins and bring verification of age. This course combines online knowledge acquisition and in-person water, first aid and CPR/AED skills training. The course trains lifeguards to act with speed and confidence in emergency situations both in and out of the water. You will receive an email with the online session link once the class is available. Must complete the online portion of the class and bring your certificate of achievement with you to the first day of the course. (Course fee includes mask, fanny pack & whistle)

Prg Code | Date       | Age  | Time | Fee  
---------|------------|------|------|------
LG       | 6/3-6/5    | 15   | Vary | $175 

WSI TRAINING
Course will certify participants to instruct Red Cross swimming and diving lessons. Upon completion you will be certified to teach all Red Cross swimming levels. Forms located at CC front desk.

Prg Code | Date       | Age  | Time | Fee  
---------|------------|------|------|------
WSI      | June 10-14 | 16+  | Vary | $225
ADULT SUMMER PROGRAMS

*** All Registration for adult programs can be found at the Community Center or the Madison Park and Rec Building @ 401 S Highland Ave.

COED 4 VS. 4 SAND VOLLEYBALL LEAGUE

Date: Starts Wed., May 29th - Aug 7th
Day & Time: Wednesdays from 6:00-9:00pm
Fee: $125 per team
Location: Baughman/Belatti Park

Cored sand volleyball is played 4 vs 4. Teams must have 2 women and 2 men will be on the on court at all times. Awards will be given to the top team at the end of the play-offs. The league meeting will be held at 6:30PM on May 22nd @ CC meeting room.

SPIKE BALL

Spike Ball is a new and extremely addicting game that will hook you the first time you play!!! That is why we are starting a league for all the addicts in the Madison area. Teams will consist of two people play against another team of two. There will be a league meeting at 6 PM on July 8th at the Community Center meeting room to go over more details.

**FAMILY FUN DAY**

Date: Saturday July 13th, 2019
Time: 2:00pm - 5:00pm
FREE Activities and Food: Tug-o-war, kid’s carnival games, inflatables, and other activities.
3 vs. 3 basketball double elimination tournament ($30 team)
Come see what the CC has to offer you!

6 VS 6 SOCCER LEAGUE

Dates: June 5th – August 14th
Day & Time: Wednesday Nights from 6PM - 9PM
Fee: $125 per team
Location: Baughman Park Soccer Fields

6 vs 6 soccer will be played at the Baughman soccer complex on Wednesday nights starting June 5th. Games will be split in two halves, which will be 20 mins long. At the end of the season, awards will be given to the top team. The league meeting will be May 22nd @ 6 PM in the CC meeting room.

DISC GOLF LEAGUE

Dates: June 4th – August 6th
Day & Time: Tuesday Nights from 6 pm- 9 pm
Fee: $25 per team
Location: Lake Herman & Baughman Park Courses

Disc golf league will be played in teams of two. Teams will play 18 holes a night. The first 9 holes you will play singles match play vs another team. The second 9 holes will be played as an alternate shot. There will be a league meeting at 6 PM on May 30th @ the CC meeting room. More in-depth details will be given at that time. League can be played different nights if need be.

FRIENDS OF MADISON RECREATION DEPARTMENT

Madison Area Baseball Association
Travis Olson: madisonareayouthbaseball@gmail.com

Madison Area T-Ball Association
Nick Hansen: 480 - 0003

Inter-Lakes Softball Association
Trudy O’Connell: 480 - 4709

Lake Area Jr. Football Association
Tom Nielson:270 - 4629 or lakeareajrfb@gmail.com

Soccer Madison
Jeff Boldt: 270 - 2124

Madison Makos
Ashley Allen: 270 - 0955

Madison Tennis Association
Jeff Wray: 256 - 3814

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2019 MADISON LOCAL SENIOR GAMES

Date: Friday, June 28th and Saturday, June 29th
Ages: Men and Women age 50 and above
Registration: $2.00 per event with a maximum of $10.00 (anything after 5 events will be free).

Events such as track and field, golf, bowling, softball, and horseshoes will be offered.

Registration forms available at The Community Center or call Bernie Schuurmans at 260-570-0332.
It is the mission of the Madison Parks, & Recreation Department to create recreational opportunities for growth and enhancement by developing diverse services and programs that endorse citizen involvement and a strong sense of community. The expressed purpose of the MPRD is to maintain and develop facilities, parks, open nature areas, and programs while striving to increase the social, cultural, and physical well-being of its residents and visitors. Although a fee must be charged to help offset the costs incurred, we realize there are situations that make it difficult for some to participate. If this is the case, please make the necessary arrangements for reduced or no cost programs by contacting the Recreation Office prior to registration. No arrangements will be made during or after registration.

PROGRAM POLICIES
If your child drops out of a program or cannot attend for an extended period of time, please let the instructor or Recreation Office know. There may be others on waiting lists that would like to participate.

ALCOHOLIC BEVERAGES
If you are planning a picnic at which you will be serving alcoholic beverages, permits must be approved in advance by the Madison City Commission.

PETS
All pets must be on a leash in park areas, except for Woofland dog park. Pet owners are responsible for cleanup of pet waste.

PUBLIC WORKS AND PARK OFFICE
Madison Public Works
401 South Highland Avenue, Madison, SD 57042
256-7515

RECREATION OFFICE LOCATED AT:
The Community Center
500 NE 11th Street, Madison, SD 57042

RECREATION NUMBERS
Recreation Office - 480-1203

CITY ARMORY
The Madison City Armory is available for rentals by groups and organizations. The fee for renting the facility is $100 for a half-day and $200 for a full day. Rentals are scheduled through the Recreation office and are based on a first come, first serve basis. City Recreation programs have priority over individual rentals. For information, call the Recreation Office at 480-1203.

SKATE PARK
The City of Madison offers a skate park at Westside Park, just west of the Madison Aquatic Center. The park is a “skate at your own risk” park and is open for all skaters. Rules for the skate park are posted and must be followed at all times.

ICE RINKS
Skating rinks will open for the season once temperatures are below freezing. Rinks are available at East Center Park, Totland Park, and Memorial Park.

MADISON PARK ENCLOSED SHELTERS
Thue Shelter, located at Westside Park, Baugham/Belatti Shelter, located at Baughman/Belatti Park, and Memorial Park Shelter, located at Memorial Park are available during the summer months. Reservations are taken on a first-come, first serve basis after January 1st of the year by calling 480-1203.

MEMORIAL PARK GAZEBO
Public Gazebo is located at Memorial Park. Gazebo is available on a first come, first serve basis. Reservation is not required.

COMMUNITY GARDEN PLOTS
Garden plots are located at SW 4th Street and Union Ave. Plots are 20’ x 25’ for $40 per growing season. Water is available onsite. Call the public works office at 256-7515 to reserve a plot.
BAUGHMAN/BELATTI PARK
110 NE 1ST STREET
- Baughman/Belatti Park includes picnic shelters, disc golf playground area, soccer fields, sand volleyball courts, basketball courts and baseball/softball diamonds.
- The picnic shelter is available for reservation. Please call 480-1203. Reservations are taken on a first come, first serve basis.

EAST CENTER PARK
700 BLOCK OF EAST CENTER ST.
- Playground area • Skating rink • Warming house

FLYNN FIELD
SW 8TH STREET AND SOUTH EGAN AVE.
- Baseball diamond • Playground area • Restrooms

LIBRARY PARK
SE 1ST STREET AND HARTH AVENUE
- Toddler Play Area • Gazebo

MEMORIAL PARK
NW 5TH STREET AND EGAN AVE.
- Playground Area • Gazebo • Memorial Park Shelter
- Skating Rink • Warming House • Disc Golf Practice Course

COMMUNITY GARDEN PLOTS
SW 4TH ST. AND UNION AVE.
- 20’ x 25’ Plots • Water on site

WOOFLAND PARK
NW 7TH STREET AND WEST AVE.
- Dog Park Area

NORTHWEST PARK
NW 9TH STREET AND HIGHLAND AVENUE
- Picnic shelter • Playground area • Restrooms
- Disc Golf Course

THUE SOFTBALL DIAMONDS
SOUTH EGAN AVENUE
- Adult softball diamonds • Restrooms

TOTLAND PARK
NE 7TH STREET AND ROOSEVELT AVENUE
- Playground area • Skating Rink

WESTSIDE PARK
NW 1ST STREET AND HIGHLAND AVENUE
Park includes ball diamond, horseshoe courts, picnic areas, swimming pool, basketball court, tennis court, skate board park, Thue Shelter and Beardsley Shelter.

MADISON HS TENNIS COURTS
800 NE 9TH ST.
- 8 tennis courts open to public use

RECREATION TRAIL
- Flynn Field to Johnson’s Point - 4.2 miles
- Hwy. 34 & 19 Intersection to U.S. Fish & Wildlife - .7M
- Trail hours - sunrise to sunset

GERRY MALONEY NATURE AREA
N HARTH AVE., OFF NE 9TH ST.
- Interpretive Gazebo • Walking Trails

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3. MADISON ELEMENTARY SCHOOL PLAYGROUND
4. NORTHWEST PARK - NW 9TH ST. & HIGHLAND AVE
5. MADISON DISC GOLF COURSE
6. MEMORIAL PARK - NW 4TH ST. & BLANCHE
7. WESTSIDE PARK - NORTHWEST 1ST ST. & HIGHLAND AVE
8. BAUGHMAN / BELATTI PARK - 110 NE 1ST ST.
9. EAST CENTER PARK - 700 BLOCK OF EAST CENTER ST.
10. LIBRARY PARK - SE 1ST ST. & HARTH AVE
11. THUE SOFTBALL COMPLEX - SW 8TH ST. & SOUTH EGAN AVE
12. FLYNN BASEBALL FIELD
13. START OF 4.2 MILE RECREATION TRAIL – ENDS AT JOHNSON’S POINT
14. FIELD OF DREAMS
15. CITY ARMORY
16. GERRY MALONEY NATURE AREA
17. WOOFLAND PARK
18. COMMUNITY GARDEN PLOTS